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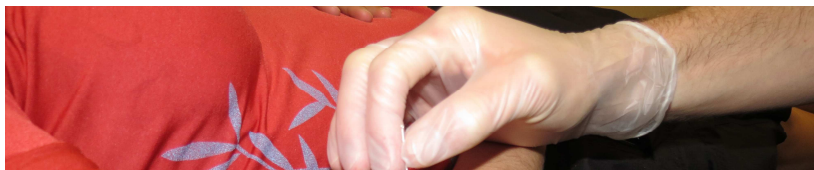
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## Acupuncture



Acupuncture has been part of the medical mainstream in countries such as China and Japan for centuries. It is also one of the most widely utilized forms of alternative therapy in the Canada and the US. Third-party insurance reimbursement and managed care coverage for acupuncture are increasing.

Acupuncture needles are most often inserted at specific locations on the skin called acupuncture points. These points are located on specific lines outlined by tradition, referred to as meridians or channels. According to Chinese medical theory, there are 14 major meridians that form an invisible network connecting the body surface with the internal organs. Meridians are to conduct Qi, the energy or vital force of the body. Pain or illness is said to result from imbalances or blockages in the flow of Qi through the meridians. Acupuncture is traditionally thought to remove such blockages, restore the normal circulation of Qi, and improve overall health by promoting the balance of energy in the system.



There is recent scientific evidence that acupuncture is

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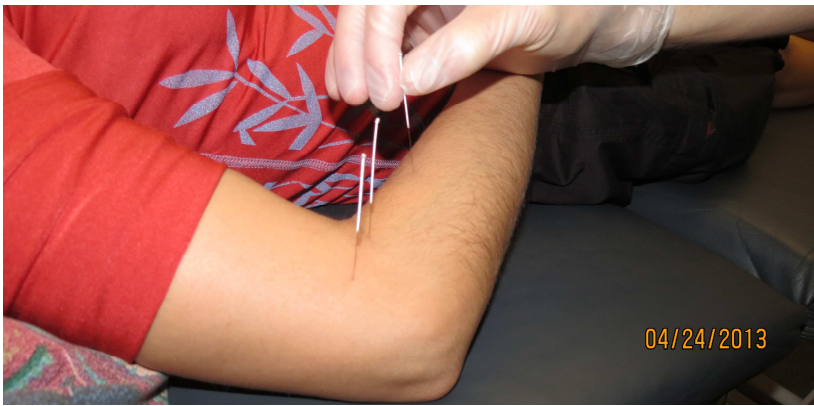
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prove overall health by promoting the balance of energy in the system.

There is recent scientific evidence that acupuncture is effective in the relief of nausea and vomiting, morning sickness during pregnancy, tendonitis, osteoarthritis, headache and neck and back pain among others. At Burrard Physiotherapy, Andrew Ewert, Siobhan McEnnis and Kevin Chen are all certified acupuncturists as well as registered physiotherapists

Call us at 604 684 1640 to schedule your appointment.

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